Ventilated Shell Design
The open design decreases weight and allows heat buildup to escape through the open cell foam liner, improving comfort and compliance.

Routinely Prescribed For...
- Plantar Fasciitis
- Achilles Tendonitis

This Product Can Be Ordered...
- Standard sizes (based on patient’s shoe size)

Recommended L-Code 4396

Product Features...
- Adjustable, non elastic resistant straps allow continuous calm stretching protocols
- Open cell foam liner is washable and semi-permeable to eliminate excessive heat absorption
- Comfortable, non-irritable strap pads help protect against discomfort on boney anatomy
- Ventilated, lightweight medical grade plastic shell configuration
- Easy to use, convenient center release buckles
- Non-slip outer sole

The Townsend Night Splint is a comfortable and simple device to help address continuous stretching protocols. The splint features an open-cell foam material and lightweight shell configuration to enhance the time and frequency for effective treatment.
Instructions For Use...

1. Undo all buckle closures and place foot in splint with knee in flexed position to achieve the desired degree of dorsiflexion.

2. Attach the ankle strap. Adjust the length of the contact closure strap until comfortable. Do not over tighten straps. If numbness, tingling, or other discomfort is experienced, loosen straps until comfortable and contact your certified medical professional.

3. Attach the foot strap. Adjust the length of the contact closure strap until comfortable.

4. Extend the knee to check the tightness of the ankle and foot straps. Adjust contact closure strap as needed. Repeat steps 2 and 3 as needed.

5. Dorsiflexion assist straps may be gradually adjusted to increase or decrease foot angle. Incremental adjustment may be necessary if discomfort is experienced.

NOTE: Do not walk while wearing splint.
Ordered by: ______________________ Phone # (___) _____________________ Patient’s Name: ________________________________

BILLING: P.O. Number ______________________________________________ Townsend Account # ________________________________

Bill To: ___________________________________________________________  Ship To: _____________________________________________

Address: __________________________________________________________

City: __________________________ State: ______ Zip Code: ______ Country: ________________

Phone: (______) __________ Fax: (______) __________

Shipping Preference: [ ] Ground [ ] 2-Day P.M. [ ] 2-Day A.M. [ ] Next Day P.M. [ ] Next Day A.M.

(If no preference is indicated, this order will be shipped 2 Day P.M.) Note: We do not ship new or repaired products directly to patients.

---

**Product Codes:**

- [ ] 24-086 Small -- Quantity: _____
- [ ] 24-087 Medium -- Quantity: _____
- [ ] 24-088 Large -- Quantity: _____

**Accessories:**

- [ ] Replacement Liner (Washable)

---

**Adult Sizing Reference**

- **Small:** Men’s Shoe Size Up To 7; Women’s Shoe Size Up To 7.5
- **Medium:** Men’s Shoe Size 7.5-10; Women’s Shoe Size 8-10.5
- **Large:** Men’s Shoe Size 11.5 Up; Women’s Shoe Size 10.5 Up

---

Townsend Design
4615 Shepard St., Bakersfield, CA, 93313
Phone: 800.432.3466 or 661.837.1795; Fax: 800.798.2722

Please complete and fax this form to 800.798.2722 (24-hours a day). If you are calling in your order, this form indicates the options and information that will be required by our staff. For phone orders, please call 800.700.2722 between 6:00 a.m. and 4:00 p.m. (PST).